





JUBILEE YEAR 2025 COMMUNITY ENGAGEMENT

ARCHDIOCESE OF CAPE TOWN

PLANT A JUBILEE YEAR TREE OF HOPE (10th - 17th April 2025)

In Holy Week, as we take the final Lenten journey of Calvary towards the resurrection of our Lord and Saviour, Jesus Christ, each parish is encouraged to plant a Jubilee Year indigenous 'Tree of Hope'. Our Jubilee Year trees will benefit our earth, our natural environment, deepen our own spiritual, physical and mental wellbeing, grow ecosystems and help with sustaining a rich and balanced biodiversity.

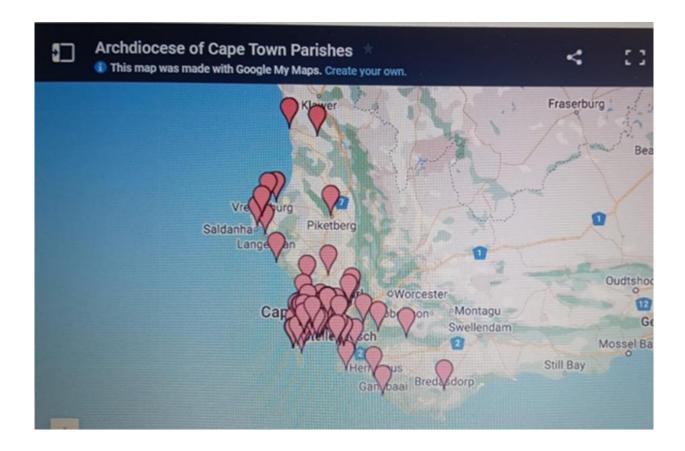
Trees provide shade/shelter, habitat, privacy, attractive foliage & beautiful flowers, improve air quality, reduce noise and hide undesirable views. A tree is indigenous to a region or an area if it grew and evolved there through natural processes. The benefits of planting indigenous varieties include the fact that it is much hardier and more attractive to local wildlife.

At the core of the significance of trees lies oxygen production and absorbtion of carbon dioxide from the atmosphere. Forests, with their expansive canopies, emerge as grand respiratory organs, generating a substantial portion of the Earth's breathable air.

The lush canopies of forests serve as thriving ecosystems, providing refuge for an astonishing array of plant and animal species which underscores the need for their conservation in the face of environmental challenges.

Pope Francis informs us in Laudato Si' that "...It is hard for us to accept that the way natural ecosystems work is exemplary: plants synthesize nutrients which feed herbivores; these in turn become food for carnivores, which produce significant quantities of organic waste which give rise to new generations of plants... (Laudato Si' 22) and The ecosystems of tropical forests possess an enormously complex biodiversity which is almost impossible to appreciate fully, yet when these forests are burned down or levelled for purposes of cultivation, within the space of a few years countless species are lost and the areas frequently become arid wastelands. A delicate balance has to be maintained when speaking about these places, for we cannot overlook the huge global economic interests which, under the guise of protecting them, can undermine the sovereignty of individual nations. (Laudato Si' 38)





POTENTIAL TREE SPECIES

Below is a list of **20 indigenous South African trees** suitable for planting within 100 kilometres of Cape Town, along with their common names, botanical names, preferred climatic, ecological role, soil conditions and associated indigenous companion plants:

TREE TYPE	BOTANICAL NAME	PREFERRED CLIMATE	ECOLOGIAL ROLES OF TREES	PREFERRED SOIL CONDITIONS	ASSOCIATED PLANTS / COMPANION PLANTING
			Supports birds like pigeons and doves with its fruit;		
			provides nesting sites. Pollinator - Bees are attracted to		Often found with proteas and restios in Fynbos
Wild Olive	Olea eurpaea subsp. Africana	trhives in dry to moderate rainfall aras	its flowers, contributing to pollination.	prefers well-drained soils	regions
			Stabilizes coastal dunes' its dense foliage offers		
			excellent windbreaks. Hosts caterpillars of the milwood	ı	
			moth. Chacma baboons Cape Rock chat, Mouse		
			birds, Redwing starlings, Cape Bulbul and other birds are		
White Milkwood	Sideroxylon inerme	Coastal tree shady and propogates easi	ly attracted to the berries.	Tolerates sandy and saline soils	Coastal scrub and dune vegetation
			Endemic to Cape Town, Plays a critical role in the Fynbos		
Silver Tree	Leucadendron argenteum	endemic to Table Mountain slopes	ecosystems, Regenerates from seed after fire	Requires sandy, acidic and well-drained soins	Protea species, ericas and restios
			Fruits attract birds and small mammals; thorny brances		Combines well with thorny shrubs in thicket
Kei apple	Dovyalis caffra	Drought resistant	make excelent natural hedges	does well in sandy, loamy, or clay soils	vegetation
		· · ·	Provides shade and sustenance for livestock in arid aras.		grows wel alongside grasses and alongside Acacia
Karee	Searsia lancea	Drought resistant	Berryles attract various bird species	prefers sandy to clay soils	species
Wild Camphor	Tarachonanthus camphoratus	tolerates semi-arid conditions	Aromaticf oliage repls pests.	adapts to sandy and rocky soils	found in bushveld and karoo environments
			A pioneer species in riparian zones, preventing soil erosion;	,,	
Wild Almond	Brabejum stellatifolium	Prefers moisture - found along streams		acidic soils	Ferns and riparian schrubs
			Attracts sunbirds with its striking red flowers and it is used		
Common Coral Tree	Erythrhina lysistemon	Moderate rainfall	for traditional medicine	Prefers sandy, loamy soils	Grass species and flowering shrubs
			Produces nectar-rich flowers that attract pollinators.	,	
Pock Ironwood	Chionanthus floveolatus	Found in moist forested regions	Stabilizers soils in forest margins preventing soil erosion.	prefers well-drained soils	Works well with forest canopy species
1 ock nomicou	Onionalitius noveotatas	Tourismost forested regions	Produces dense shade, improving microclimates in urban	prototo wett dramed soits	Tronks free free free search and py species
Cape Ash	Ekebergia capensis	Prefers moist forested aras	areas. Fruits are eaten by monkeys and birds	grows in a variety of soils	Ferns and shade-tolerant shrubs
Cupe / toll	Exceptible deposition	Trefero moist forested dido	Critical for streambank stabilization and attracts aquatic	grows and variety or some	Total and stidde total and still as
Cape Willow	Salix mucronatat subsp. Capensis	found along rivers	invertebrates and frogs.	prefers moist, snady and loamy soils	Combines well with riperian vegetation
Cupe Willow	odax madronatat sabsp. odponsis	Todala diolig moro	Use as hedging and attracting pollinators; Hardy and drought		Combined New Will reperior regeration
False Olive	Buddleja saligna	Tolerates dry conditions	resistant	Grows in sandy, rocky soils;	Found with scrub and bushveld plants
i disc Ouve	buddieja saugna	roterates dry conditions	Provides hardwood for cultural artifacts and supports	Olows III salidy, rocky soils,	r dana with scrab and bushveta plants
Assegai Tree	Curtisia dentata	Prefers forrest environment	understory plants	moist and rish soils	Shade loving plants like ferns
Assegal free	Cultisia delitata	Freiers ioriest environment	Provides fruit for birds and small mammals and evergreen	IIIOIST dilu IISII SOILS	Shade toving plants like leths
Spoonwood	Cassine peragua	Tolerates moderate rainfall	foliage enhances landscapes	Found in thickets	Shrubs and small forest plants
Spoonwood	Cassille peragua	Toterates moderate raimati		Found in thickets	Sili ubs and small forest plants
Wild Plum	Hamanhallam aufferen	Their and heather in constant and an	Shade and windbreak tree in gardens and on farms, popular with fruit bats.	Desfers feetile and desired sails	Dinasian plants and forest understanders
Wild Plum	Harpephyllum caffrum	Thrives better in wetter areas	Effective for windbreaks and soil stabilization in arid	Prefers fertile, wel-drained soils	Riperian plants and forest understory species
0101	4.4	B. C.		T-1	00-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-
Sand Olive	dodonaea viscosa subsp. Angustifolia	Prefers and to semi-and cumates	environments	Tolerates sandy and rocky soils	Often found with proteas and succulents
			Shade tolerant and vital for forest undergrowth stabilisation.		Grows alongside forest understory plants like
Cape Beech	Requires moist, forested areas	Requires moist, forested areas	Fruits are eaten by bulbuls and other birds	Tolerates a range of soils	Aspragus
	_		Keystone species providing food for many speices, including		
Wild Fig	Ficus sur	Common in riperiean zones	bats and birds.	Common in Riperian Zones	Found in riverine shrubs and trees
			Fixes nitrogen in soils improving fertility for surrounding		
Sweet Thorn	Vachelllia karroo	Prefers drier regions	plants	Thrives in sandy, loamy, or clay soins	Shrubs and small forest plants

These suggested tree species were chosen for their adaptability and ecological benefits and are integral to the Western Cape's biodiversity. They thrive in conditions typical of the Western Cape, providing food, shade/shelter, habitat and ecological stability.



PLANTING TIPS



Site selection Match the tree to its natural habitat (e.g., riparian zones for Ficus sur, sandy soils for

Leucadendron argenteum).

Avoid planting trees with aggressive root systems (Wild Fig) near building

structures.

Excavating the

Hole:

Width: The planting hole should be 2-3 times the width of the root ball. This allows

roots to spread easily into the surrounding soil. For a tree with a root ball approximately 30 cm wide, the hole should be about 60-90 cm in diameter.

Depth: The hole should be as deep as the root ball or container height (usually around 30-40 cm). Avoid digging deeper than necessary, as loose soil at the base

can cause the tree to sink over time.

Soil Preparation Loosen the soil in the hole and in the immediate surrounding area to improve root

penetration.

Avoid compacting the bottom of the hole.

Enrich soil with compost for nutrient-loving species (Wild Plum).

Ensure good drainage for trees like Silver Tree, which are sensitive to waterlogging.

Planting Season Plant in late autumn or early winter to take advantage of seasonal rainfall.

Ensure frost-sensitive trees are planted in frost-free areas.

Watering Water regularly during the establishment phase (first 1-2 years).

Gradually reduce watering for drought-resistant trees (Wild Olive, Sweet Thorn).

Spacing Provide adequate space for canopy development. For example, Erythrina

lysistemon can grow quite wide.

Mulching Apply mulch around the base to retain soil moisture and suppress weeds

Protection Protect young trees from browsing by animals like goats and deer.

Stake trees in windy areas until they are well-established.

Companion

Planting

Pair trees with indigenous plants to mimic natural ecosystems and promote

biodiversity

LIST OF NURSERIES

NURSERY	LOCATION/ADDRESS	PHONE	EMAIL	WEBSITE
Besters Indigenous Nursery	Stellenbosch	27828899197		
	Joostenberg Vlakte, Cape Town,			
	Stellenbosch,			
Cape Garden Centres	Somerset West	27219884515		
Cedar Nursery	Paarl Western Cape	27218633556		
Earth Fair Nursery	Hout Bay Cape Town	27217900807		
Elands Nursery	Wellington Western Cape	27218731888		
Ferndale Nursery	Brommersvlei Road, Constantia Cape Town	27217942221		
FynbosLIFE			info@fynboslife.ocm	Welcome to FynbosLIFE
Good Hope Gardens Nursery	Plateau Road Cape Point Cape Town		info@goodhopegardensnursery.co.za	www.goodhopegardensnursery.co.za
Greenpop Nursery			info@greenpop.org	www.greenpop.org
Groenhoek Indigenous Nursery	Malmesbury Western Cape	27224858468		
Houw Hoek Nursery	Bot River	27218489622		
Induli Wholesale Nursery	Grabouw			https://www.indulinursery.co.za/
Kenilworth Garden Centre	Loch Road Kenilworth Cape Town			
Kirstenbosch Garden Centre	Rhodes Drive Newlands Cape Town 7700	27217976570		
Newlands Nursery depot (often supply trees for free)	Liesbeek Parkway, Newlands Cape Town	27216894035		arboriculture.info@capetown.gov.za
Riverside Garden Centre	Kendal Road, Diep River Cape Town	27217120284		
Stodels Garden Centres	Bellville, Kenilworth, Constantia, Milnerton, Somerset West			
Summerset Nursery	Somerset West	218527400		
Themba Trees	Elgin Grabouw		Info@thembatrees.co.za	
Tokai Arboretum Plant Nursery	Tokai Forest, Cape Town	Contact through SANParks		
Veld and Sea Nursery	Cape Peninsular			www.veldandsea.com
		282122342		
Diep Gat Bome	Hermanus	0835333253		0

GENERAL NOTES, OTHER SUGGESTIONS AND PRECAUTIONS

- 1. Trees can get very big and cause problems to buildings. Plant trees a good distance away from buildings unless they are smallish species with deep rather than lateral roots.
- 2. Some species like Keurbooms have fairly short lives (around 20 years).
- 3. Plant on the north side of buildings unless a shade loving species. Most of the fynbos and other smaller shrubs should themselves be on the north side of trees so that they get sun.
- 4. Create an arboretum to commemorate deceased parishioners. People respond well to this, and it can stimulate planting / environmental care.
- 5. Climate change is happening without doubt and Pope Francis has been very outspoken on this subject. At a practical level it means that even more care needs to be taken in the selection, location and ongoing support needed when planting. Much can be made of the fact that each tree removes 10-40 Kgs of CO2 from the atmosphere every year.
- 6. Tree planting helps combat the problem of heat sinks which are areas where heat collects because of limited air currents or heat attracting surfaces, a serious issue especially in cities. Trees are a lot cheaper than air conditioning and use no electricity.
- 7. Water tanks made of metal, concrete or plastic and connected to church roofs for extra supply can be used to gravity feed trees and save on water bills while storing an emergency supply another useful and related parish environmental project.
- 8. Although several of the trees mentioned do not need huge amounts of extra compost it is a good practice to encourage composting as it uses up food and vegetation waste that can add nutrients to a vegetable garden.
- 9. Create an avenue, copse, spinney or grove of some sort that could be a growing station of the tree site.
- 10. Polyphagus Shothole Borer Beetle (PSHB) (Eawallacea sp) is an ambrosia beetle detected in our country and is a problem that can end in the tree dying. Coast Coral Tree (Erythrina caffra), Forest Elder (Nuxia floribunda), Cape Beech (Rapanea melanophloeos) are vulnerable to this beetle, Close monitoring and management of these trees is essential. arboriculture.info@capetown.gov.za

Suggestions from Patrick Dowling St Joseph's Kommetjie and Bernadette Crewe-Brown ADCT Creation Care Coordinator

PRAYER FOR TREE PLANTING CEREMONY

Lord, may this tree grow to have deep roots and spreading branches, and may it be fruitful in season. May this tree be a home to many creatures and a blessing to the community of creation. May we remember to care for it, to water and tend it, and may it teach us about our dependence on trees, and on you.

Creator God, you planted in Eden a Garden and placed us within the garden to serve and preserve it. Forgive us where we have turned the beautiful variety of creation into infertile deserts. Sow within us once again the seeds of our calling to be good stewards of this created world. May we know our dependence upon you and upon your creation, and through our work and worship may all the trees of field and forest be set free to sing your praise once more. Through Jesus Christ our Lord, who reigns with you and the Holy Spirit, one God for ever. Amen.

We would encourage every parish to please mark its tree with either a plaque, painted stone or wooden sign to show that it is a <u>Jubilee Year 2025 Tree</u>.

Spread the love!



If you or your parish would like to sponsor a tree for a disadvantaged parish, please contact CCT Coordinator Aisling Foley at coordinator@caritas.capetown or Ph: 069 1264841.